

FANTAIL VA NEWSLETTER

OCTOBER- ISSUE #3

What's new at Fantail



Upcoming Events



GET STUFF DONE ONLINE
SESSION - SUNDAY 13TH
OCTOBER.



NEXT MENTAL HEALTH
MATES WALK SATURDAY 7TH
DECEMBER

Here at Fantail we have been super busy getting to know our clients and understanding their needs - the speaking and connecting with clients is our favorite part ! Especially when they ask us to get creative ❤️

We have recently taken on a new project that is going to keep us super busy so we have no availability after 16th October but our wait list is open .Just register your Email on the website and we will keep you updated. fantail-va-services.co.uk



OCTOBER WISDOM

AT THIS TIME OF YEAR ITS SO IMPOARTANT TO TAKE CARE OF YOURSELF .
TIME TO SLOW DOWN AND LET THINGS GO 🍁🍁🍁



Hello October

One of the best things you
Can do for yourself is
Taking time to learn and grow.
Once you give yourself patience, you
Become your best friend. And the
Empathy, self-kindness and
Resilience are what you need to grow

OurMindfulLife.com

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HELPING YOUR BUSINESS FLY

